Coaches and Managers Meeting Season 2020

Competive Teams

Mixed, Girls, Mens & Womens: from u12s to o45s

Roselea Football Club www.roseleafc.com

Agenda

1) Introductions
2) Club & Team Roles
3) Support & Contacts
4) Operational Matters
5) Club Programs & Services
6) Rule Changes

Introductions

ALL NOW IN ONE ASSOCIATION

North West Sydney Football

Club Roles for Coaches & Managers

Coach	Participate in and support club coaching activities Promote club coaching and development activities Manage club equipment and gear
Manager	Communication to, and from, the club Manage club gear and strip
Both	Ensure Codes of Conduct are understood and met Ensure club policies and procedures are met

ROSELEA FOOTBALL CLUB

COMMITTEE

President

Secretary; Registrars; Social Media Manager; Manager, Player & Coach Development; Manager Equipment & Facilities; Communications Manager; (Administrative Officer)

Vice Presidents

Minis	Juniors (Mixed)	Women's & Girls	Seniors
Michael Zhao	Scott Chin	Rohan Primrose	Jeremy Billings

PROJECT TEAMS, WORKING GROUPS and VOLUNTEER ROSTERS

Eg Club Shop; Team Photos; Gala Day; Presentation Day; Carlingford Ovals Sub-Committee

Coaches & Managers

Teams

Key Support & Contacts

VP Minis	Michael Zhao	vpminis@roseleafc.com	0481 331 066
VP Womens	Rohan Primrose	vpwomens@roseleafc.com	0418 475 171
VP Juniors	Scott Chin	vpjuniors@roseleafc.com	0402 447 943
VP Seniors	Jeremy Billings	vpseniors@roseleafc.com	0421 665 468

Director of Coaching (DoC) **vacant**

Club Administrative Officer

Amanda Primrose admin@roseleafc.com 0407 177 753

President

Jeff Saul president@roseleafc.com 0418 662 912

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Team Roles for Coaches & Managers

Coach	Coach the team at training and matches
Manager	Ensure communication from the club, and between parents / players Manage team and club activities
Both	Ensure Codes of Conduct are understood and met Ensure club policies and procedures are met

Coach & Manager Registration

ALL coaches and managers MUST register on-line

AND

IF <u>even a possibility</u> of contact with u18s, ALL coaches & managers and club officials MUST submit a valid Working With Children Check Number (WWCC)

Coach & Manager Registration

NO WWCC

means

NO involvement

with any team !

Season Dates

- Sunday (15) 22 & 29 March – Pre-Season Trial Matches
- Sat / Sun 4-5 April - Start of Season
- No Games over Easter
- Games played through school holidays
- Football finishes last weekend of August (First weekend Sept)

Other Club Dates

- Team Photos - TBC in June
- Women's Football Week: 1-10 May
- Club Charity Day: 1st and 2nd August
- Minis & Juniors Gala Day: 29th – 30th Aug
- Presentation Events
  - Minis & Juniors (up to u15s) - Sunday 13 September
  - Youth – (u16s to u18s) Saturday 5 September
  - Seniors – (u21s and above) Saturday 19 September

Training Sessions

Published now on www.roseleafc.com

- Be flexible & considerate
- Keep gear tidy and secure
- Team gear & club gear
  (If not collected talk to your VP)
- Report any breakages

Pre-Season Trial Matches

- Weekend of 20, 21 & 22 March vs Kellyville Kolts
- Sunday 29 March vs Hornsby Heights and Berowra FCs

Your "IN" unless you tell us your "OUT"

RFC Development Program

For Players

Roselea “extras” program

- GK Training Squads
- Strikers Clinics
- Skills Programs
- Roselea Football Ambassadors (RFA)

For Coaches

- Coach Development Courses
  - eg ALL u6/7/8 coaches must complete MiniRoo Training
- Coach Support within Roselea FC

Strength & Conditioning Program

Assoc. Professor **Steve Cobley** Faculty of Health Sciences, Sydney University
Dennis Parlevliet, Director, Physio Fitness Australia- Castle Hill

State Cup

Knock-Out for Division 1 Teams

Kanga Cup (& Other Tours)

Match Days

All Teams

Electronic Match Sheets / iCompman
Score Reporting

Instruction sessions – Sat 21 March at Harold West
or run by NWSF in March (TBC)

Resources on Roselea & Association websites and by email

www.roseleafc.com
www.nwsf.com.au

Match Days

At HOME GROUNDS – Roselea Oval, Harold West Reserve & Carlingford 1,2 & 3

- Roselea FC teams MUST dress / undress grounds if playing first or last game.
- Club Grounds Managers on hand to supervise & assist – NOT to do the job.
- Ground Dressing includes nets and / portable goals; corner flags AND sideline ropes.
- At HW – assistance with sideline shade marquees

Match Days

Canteen

– **at** Roselea Oval and Carlingford 1,2 & 3
Canteen contracted out. Please support it !

- **at** Harold West teams playing MUST provide volunteers to staff canteen during their game.

Rule Changes

New rules for female players across comps

Important Rule Changes

NWSF Referees will address us later in this meeting

Borrowing Players / Playing Out Of Grade

- Managers to arrange
- Keep the count
- Spread it around

New rules for female players across comps

Communications

- Team / Club Contact Lists
- Club Website www.roseleafc
- Social Media - Facebook & Instagram
- Club Emails - Please forward & encourage readership
- Club Newsletter - Communications Officer wanted
- Team App

Roselea Football Club www.roseleafc.com

Communications

- Social Media - Facebook & Instagram

HELP us to build our audience

- ✓ Like
- ✓ Post
- ✓ Comment
- ✓ Share

TEAM APP

Roselea Football Club www.roseleafc.com

Fixtures with Times, RSVP and Maps

Team App Future Set-up

For Club

- Fund raising features
- Links to online uniform shop

For Coaches / Managers

- RSVP for games and training - great for session planning and subs planning
- Availability/Unavailability – Great for planning around holidays.
- Emergency contacts for your players.

For players and parents

- Gallery and chat feature.
- Club Notifications like ground closures.
- Club Events like presentation days, photo days, skills clinics etc.

Gear

CLUB gear & equipment

- Training balls, bibs & cones
- Other training equipment

PLAYER & SUPPORTER gear, apparel & merchandise

- Shorts
- Socks
- club caps (and beanies)
- Hoodies & training jackets
- Club merchandise

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Player & Supporter Gear

Shorts, socks, caps, jackets & hoodies, club merchandise

- Order & pay on-line at www.roseleafc.com

- Club Gear Shop - Harold West Clubhouse

Open Saturday 21 March 9am -11am
Mon-Fri, 5-7.30pm from 23 March to 3 April.

Collect pre-ordered gear & over-the-counter purchases

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Playing Strip

Full Club Strip must be worn in all matches

- ***Club*** **Shirts**
- ***Club*** **Shorts**
- ***Club*** **Socks**

Alternate Strips (Red) can be collected from Harold West Clubhouse for all clashes

Alternate strip must be returned – washed – no later then Wednesday after being used.

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Team Strip & Training Gear Distribution

- Training Gear – balls, cones & bibs
- Strip – jerseys (swap or collect)
- GK Gloves
- Coach / Manager Shirts

Was done on 27th & 29th Feb
TALK TO YOUR VP

Match Balls will be available when the Club Shop is operating

Roselea Football Club www.roseleafc.com

Toilets & Gear Storerooms

Harold West and Roselea / Carlingford Ovals

Access Code to be sent to C & Ms

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OTHER THINGS TO NOTE

- Carlingford Ovals Upgrade - On track
- Carlingford Sports Club Partnership

VOLUNTEERS NEEDED … Always ☺

RFC is a community club and still requires its loyal volunteers

Volunteers wanted at various levels

- Coaches & Managers – thank you !
- Committee level – a few gaps
- Working Groups, Project Teams, Special events
  - Registrations & Team Formation
  - Gear Distribution
  - Club Shop in March
  - Team Photo Day
  - Gala Days
  - Presentation Day
- On-Line Volunteer Roster

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Registrations are Still Open

RFC is still looking for several players in

Mixed u11s
Mixed u15s
Women's o30s

and 1 or 2 more players for in

Mixed u12 and u13s;
Girl's u12s, u15s and u17
Men's u21s

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Other Things
or
QUESTIONS ?

Over to the Referees